



Allergy Response

WHAT IS ALLERGIC RHINITIS?

Allergic rhinitis is an inflammation of the nasal mucosa linked to the inhalation of allergens. Some of these substances are present in the domestic environment, such as dust mites, animal hair or mould spores. Other inhaled allergens come from the external environment: tree pollen, herbs or grasses, which are responsible for seasonal rhinitis, otherwise known as hayfever. Some allergens are linked to the work environment (flour, natural latex, wood dust etc..) or increasing atmospheric pollution.

Allergic rhinitis can be mild, or severe if it starts to affect quality of life (sleep disturbance, disruption of sports or leisure, discomfort at work or school) and depending on the severity of the symptoms.

WHAT ARE THE SYMPTOMS OF ALLERGIC RHINITIS?

Allergic rhinitis is reflected by three main types of ENT signs:

- Sneezing occurring very soon after contact with the allergen;
- Clear nasal discharge, usually abundant;
- Itchy nose and / or obstruction and nasal congestion.

There is often itching at the back of the palate or throat, and sometimes headaches. Some

patients may also have watery eyes or conjunctivitis, olfactory disorders or bronchial symptoms. There is no fever.

INDICATIONS:

STÉRIMAR™ Stop & Protect Allergy Response is a medical device.

The moderately hypertonic solution* based on 100% natural sea water is rich in marine trace elements with added **manganese** and **calcium** to quickly and effectively fight the symptoms of allergic rhinitis.

Its action brings rapid relief:

STÉRIMAR™ Stop & Protect Allergy Response decongests the nose, reduces nasal discharge and sneezing, calms down nasal itches and helps neutralise the pathogens which are responsible for allergic reactions. It thus provides relief of allergy symptoms and protects the nose from their reappearance.

Provides protection against allergic rhinitis thanks to its exclusive patented complex based on ingredients of natural origin

STÉRIMAR™ Stop & Protect Allergy Response encapsulates, inactivates and rapidly neutralises the exterior particles (pollen, pollution, allergens etc.) which are responsible for the allergic reaction. It also provides long-lasting hydration and strengthens the barrier function of the mucosa by **forming a protective film which prevents allergens from coming into contact with the mucosa.**

With your nose clean and unblocked and no more itching, you will finally feel relief!

Anti-contamination bottle:

The anti-reflux valve system prevents contamination of the solution, even after the bottle has been opened, which means the

formula remains 100% unaltered. The practical 20ml format pops easily into your pocket, giving you rapid relief whenever you need it - wherever you are.

For the optimum treatment of allergic rhinitis, we recommend that you wash your nose out regularly throughout the day and before spraying **STÉRIMAR™ Stop & Protect Allergy Response.**

STÉRIMAR™ Nasal Hygiene spray, made of 100% natural sea water is ideal for cleaning and cleansing the nose. It enhances the action of **STÉRIMAR™ Stop & Protect Allergy Response** and helps to fight attacks by allergens by preventing allergies.

COMPOSITION:

STÉRIMAR™ Stop & Protect Allergy Response is a moderately hypertonic solution* made of filtered 100% natural and preservative-free sea water which is rich in marine trace elements and contains added calcium and manganese.

**A moderately hypertonic solution: a solution with a salt concentration which is moderately greater than the salt content of the cells in our bodies, making it possible to naturally and actively decongest the nose ("osmosis effect").*

RECOMMENDATIONS FOR USE:

- Blow your nose, one nostril at a time.
- Shake the bottle before use.
- Remove the protective cover.
- At first use and if necessary, perform at least one to three spray(s) to start the system, with the bottle upright and spray with the tip facing upwards.
- Hold the bottle upright and insert the tip into

the nostril, head tilted slightly to the side of the nostril being sprayed.

- Spray twice, gently inhaling the second spray.
- Repeat the procedure in the other nostril.
- Leave the solution to act for a few minutes without wiping your nose.
- Allow excess solution to drain, then blow if necessary.
- Clean the tip in soapy water, rinse and dry before replacing the protective cap.

DOSAGE:

Use **STÉRIMAR™ Stop & Protect Allergy Response** from the appearance of the first signs of allergic rhinitis.

2 sprays into each nostril, up to six times a day. 120 sprays. Non drowsy.

Suitable for pregnant women, breastfeeding mothers and children from 3 years.

PRECAUTIONS FOR USE:

If in doubt or if symptoms persist, ask your pharmacist or consult your doctor or an ENT specialist.

Store at room temperature.

Sterimar and Sterimar Stop & Protect are trademarks of Sofibel SAS

 SOFIBEL – Laboratoires Fumouze
110-114 rue Victor Hugo
92686 Levallois-Perret Cedex - France

Distributed by Church & Dwight UK Ltd.,
Folkestone, CT19 6PG, UK
Tel: 0800 121 6080

sterimar@churchdwight.co.uk
www.sterimarnasal.co.uk

20 ml e



R11-2014
NOT26304V01