

PATIENT INFORMATION LEAFLET
GAVISCON DOUBLE ACTION LIQUID SACHETS
Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything, ask your pharmacist or doctor

What are Gaviscon Double Action Liquid Sachets?
 Gaviscon Double Action Liquid Sachets are a combination of two antacids (calcium carbonate and sodium bicarbonate) and an alginate and work in two ways.

- 1) Neutralising excess stomach acid to relieve the pain and discomfort.
- 2) Forming a protective barrier over the stomach contents to soothe the burning pain in your chest.

What are Gaviscon Double Action Liquid Sachets used for?
 Gaviscon Double Action Liquid Sachets are used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion which may occur, for example following meals or during pregnancy, and for symptoms of excess stomach acid (hyperacidity).

Before taking Gaviscon Double Action Liquid Sachets
Do not take this product if
 you know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

Take special care before treatment with Gaviscon Double Action Liquid Sachets:

- If you have been advised to follow a diet restricted in either of these, please consult your doctor.
- Please also talk to your doctor regarding these salt contents if you suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases.

Please consult your doctor if you know you have reduced amounts of gastric acid in your stomach, as this product may be less effective.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed).

Pregnancy and breast-feeding
 You can take this product if you are pregnant or breast-feeding. As with all medicines, the treatment duration should be limited as much as possible.

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Taking other medicines
 Do **not** take this product within two hours of taking other medicines by mouth, as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta-blockers (for heart conditions), neuroleptics (for mental illness), thyroxine, chloroquine (for malaria) and bisphosphonates (for osteoporosis).

How to take Gaviscon Double Action Liquid Sachets
For oral administration.
Adults including the elderly and children 12 years and over: one to two 10ml sachets after meals and before bedtime, up to four times a day.
Children under 12 years old: Should only be taken on medical advice.

If you take too much of this product it is unlikely to cause you any harm. However, you may feel bloated. Consult your doctor if this doesn't go away.
 If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Double Action Liquid Sachets:
 If symptoms persist after 7 days, consult your doctor.


Possible side effects
 Very rarely (less than 1 in 10,000 patients treated) there is a chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side effects, stop taking the product and consult your doctor immediately.

How to store
 Do not use this product after the expiry date (EXP: month/year) shown. Keep out of the reach and sight of children. Do not store above 25°C. Store in the original package. Do not refrigerate or freeze.

Further information
 This product is an off-white to cream suspension with the odour and flavour of peppermint. Each 10ml contains 500 mg sodium alginate, 213 mg sodium bicarbonate and 325 mg calcium carbonate. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint flavour, sodium hydroxide, and water. This product does not contain sugar or gluten. Gaviscon Double Action Liquid Sachets are available in packs of 2 and 12 sachets.

Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.
 PL 00063/0524
 Text Revised: July 2011

0389308

RBH Artwork and Print Specification	
Trident Reference No:	TR535497
Action / Version:	C
Brand:	Gaviscon
Brand Platform:	Adult
Sub Platform:	Double Action
Sub Brand:	Peppermint
Format:	Liquid
Delivery:	Sachet
Pack Size:	10ml
Country:	UK
Date Created:	12/12/11
Date Modified:	04/01/12
RBH Contact:	Ben Smith2
Artwork Type: Commercial Print	
Component Code (2D if applicable):	0389308
Parent Technical Packaging Specification:	D0040455
Bulk Code (if applicable):	N/A
CAD Cam Ref:	G-Lft-D0040455-175x100mm
Printer:	Contego Packaging (Bradford, UK) Nampak
Substrate:	Paper - White
Edgemark Position:	N/A
Pharmacode No/NE:	N/A
Cutter - Does not print:	Guides - Does not print:
Print and Technical Colours	
Process Black	1 LTH
COLOURS TO MATCH RECOGNISED STANDARDS	
BARCODE INFO	
Barcode Type:	2D Code
Barcode Number:	0389308
Magnification:	N/A
BWR:	N/A
Truncated by (smallest Bar):	N/A
Encoded Data:	N/A
All other aspects of the bar code to conform to the current GS1 Operating Manual or other agreed commercial standard.	
 TRIDENT Connaught House, Connaught Road, Kingswood Business Park, Hull, HU7 3AP, England. T: +44 (0) 1482 828100	
Please note that any low resolution paper Canon colour copies associated with this job should be referred to for content, layout and colour separation only.	
STUDIO USE ONLY	Claire Jackson v1.0
Sm•Art check results:	G=2; 0=0; R=0; - Cj - 04/01/12 12:01:48
ARTWORK APPROVAL	
Approved by Sonoco Trident on behalf of Reckitt Benckiser	
Signed:	_____
Date:	_____
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NOT APPROVED FOR COLOUR	

CUSTOMER INFO:
 Minimum Point Size = 9 pt

Production line		
Manufacturing site		
Pack Tech approver	1 st _____ 2 nd _____	
Date		
Check Criteria	Details Et Comments	Checks
Approvals		1 st 2 nd
Market Approval		
Regulatory Approval		
3rd Party Approval		
Technical Drawing/Cutter ref no.		
PPI component code correct on artwork?		
Correct drawing for the production line?		
Profile shape Et dimensions		
Graphics layout/orientation		
Unwind diagram (PPTD1022/1-20)		
Printable areas/bleed		
Varnish free areas		
Variable coding position Et dimensions		
Varnish and print requirements		
Pre-printed headers (alignment and suitability)		
Embossing, Braille Et Foil Blocking		
Separations on artwork		
Alignment within cutter		
Braille structure		
Verification Code Type; Pharma Code / 2D / OCV		
Bar sequence and/or number correct Position		
Size (height, width, spacing, font)		
Direction of read		
Light margins and print free areas		
Colour		
Repeat distance (reeled material)		
Bar code Type; EAN, ITF, Code39, etc		
Magnification / width and height		
Colour (e.g. black print on white background)		
Light margins Et indicators		
Bearer bars Et H gauges (if required)		
Symbol grade (Pass = A,B,C; Action = D,F)		
Bar code number (human readable)		
Bar code number (encoded Et hidden data)		
Confirm bar code number from source		
Cross check related docs (JDE/PID)		
Photo-electric cell mark / edge marks		
Present Et per Tech drawing?		
Correct pitch?		
Additional markings		
e-mark, recycle logo etc		
Legend box (RB specification)		
Correct component code		
Correct D spec		
Correct printer		
Correct Substrate		
A/W is set up appropriately for this substrate		
Edge mark details		
Pharmacode details		
Colours Et print process		
Varnish		
Barcode information		
General details are correct		
Pass / Fail comments and Signature		
By approving the artwork referenced within this form I authorise it for release to the print supplier		
Additional Comments		

RBH Artwork and Print Specification

Trident Reference No: **TR535497**
 Action / Version: **C**
 Brand: Gaviscon
 Brand Platform: Adult
 Sub Platform: Double Action
 Sub Brand: Peppermint
 Format: Liquid
 Delivery: Sachet
 Pack Size: 10ml
 Country: UK
 Date Created: 12/12/11
 Date Modified: 04/01/12

RBH Contact: Ben Smith2



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 Parent Technical Packaging Specification: **D0040455**


Bulk Code (if applicable): **N/A**
 XXXX

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 Printer: Contego Packaging (Bradford, UK) Nampak
 Substrate: Paper - White

Edgemark Position: **N/A**
 Pharmacode No/NE: **N/A**

Cutter - Does not print	Guides - Does not print
	

Print and Technical Colours


Process Black	1
	LTH

COLOURS TO MATCH RECOGNISED STANDARDS

BARCODE INFO

Barcode Type: 2D Code
 Barcode Number: 0389308
 Magnification: N/A
 BWR: N/A
 Truncated by (smallest Bar): N/A
 Encoded Data: N/A

All other aspects of the bar code to conform to the current GS1 Operating Manual or other agreed commercial standard.


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ARTWORK APPROVAL

Approved by Sonoco Trident on behalf of Reckitt Benckiser

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 Date: _____

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