## Leaflet **GAVINatura**

## 100% Natural

#### Gluten free

Tablets to be dissolved in the mouth

### Medical device class IIa

GAVINatura is a 100% natural and gluten free medical device. HOW IT WORKS

GAVINatura tablets are a medical device suitable for use in case of heartburn, indigestion, stomach ache, and gastric hyperacidity.

They act thanks to an innovative mechanism of action that strengthens the body's natural defence systems by creating a "protective film" that lines the mucosa of the gastro-oesophageal tract, thus reducing its contact with the gastric juices and other irritants.

GAVINatura tablets have an effective Triple Action, as they: - Protect the gastric mucosa thanks to their mucoadhesive

properties.

- Counteract the acidity of the gastric juices thanks to their buffering properties.

- Counteract irritation

### INDICATIONS

GAVINatura tablets are suitable:

For use in case of heartburn, indigestion, stomach ache and gastric hyperacidity.

Can help prevent symptoms associated with an unhealthy diet, stress and intake of non-steroidal anti-inflammatory drugs.

The use of GAVINatura may be considered during pregnancy and breastfeeding if necessary, and/or as instructed by a Health Care Professional

### **COMBINATIONS WITH MEDICINES**

GAVINatura tablets can be used in combination with proton pump inhibitors (PPI) and H2 antagonists as well as during periods of discontinuation of treatment, as instructed by a Health Care Professional.

If using other medications, a two hour interval between dosing is advised before taking GAVINatura and as instructed by your Health Care Professional.

#### **INSTRUCTIONS FOR USE**

Adults and children over 6 years:

Slowly dissolve one tablet in the mouth as needed. In the case of heartburn and indigestion take one tablet after each main meal and one in the evening before going to bed. The product can be taken for prolonged periods, however, if symptoms persist or worsen seek medical advice.

Use the product within 6 months of opening the bottle.

Close the bottle tightly after use.

#### COMPOSITION

Synergistic molecular complex of Polysaccharides (from Aloe vera, Malva sylvestris) and the natural mineral Limestone and Nahcolite.

Titrated in polysaccharides (molecular weight > 20,000 Daltons)  $\geq$ 7.6% (40 mg per tablets)

Flavonoid fraction from Matricaria recutita

IT ALSO CONTAINS: cane sugar, gum Arabic, natural flavouring WARNINGS

Do not use in case of hypersensitivity or individual allergy to one or more components. If symptoms persist or worsen it may indicate an underlying medical condition, seek medical advice. Keep out of reach of children. Any undesirable side-effect should be reported to healthcare professionals or to Reckitt Benckiser RB Consumer Relations, PO Box 4644, SLOUGH, SL1 0NS, UK.

This product contains 131 mg (3.3 mmol) calcium per tablet.

#### SIDE EFFECTS

There are no known or anticipated side effects from the product. STORAGE

Store at room temperature, away from heat sources and

#### protected from light. The expiry date refers to the unopened product, stored correctly.

EXPIRY DATE

See the expiry date indicated on the pack. Do not use after the expiry date indicated.

#### PACK FOR SALE

14 tablets of 1.55 g each, in 1 glass bottle.

ADDITIONAL PRODUCT INFORMATION

The triple protective action of GAVINatura tablets on the mucosa.

Heartburn, pain, hyperacidity and indigestion are caused by contact between the gastro-oesophageal mucosa and the gastric juices and other irritants.

This condition occurs when the defence mechanism of the mucosa are weakened, thus causing irritation and inflammation. GAVINatura tablets have been developed to strengthen the mucosa's natural defence system through an innovative mechanism that forms a "protective film" acting in a similar way to gastric mucus. GAVINatura tablets work through the synergy of 3 specific actions:

- Protect the gastric mucosa thanks to their mucoadhesive properties

- Counteract the acidity of the gastric juices thanks to their buffering properties

- Prevents irritation

Thanks to their protective mechanism of action, GAVINatura tablets work effectively without altering natural gastric function.

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