

6. Further information

What Olbas Oil contains

The active substances (w/w) are:

Cajuput Oil.....	18.5%
Clove Oil.....	0.1%
Eucalyptus Oil.....	35.45%
Juniper Oil.....	2.7%
Levomenthol.....	4.1%
Mint Oil, Partly Dementholised.....	35.45%
Methyl Salicylate.....	3.7%

What Olbas Oil looks like and contents of the pack

Olbas Oil is a pale green, transparent inhalation vapour liquid. It is available in bottles containing 10ml and 28ml.

Marketing Authorisation Holder and Manufacturer

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Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to use Olbas Oil carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If you notice any side effect, please tell your doctor or pharmacist.

In this leaflet:

1. What Olbas Oil is and what it is used for
2. Before you use Olbas Oil
3. How to use Olbas Oil
4. Possible side effects
5. How to store Olbas Oil
6. Further information

1. What Olbas Oil is and what it is used for

Olbas Oil is a blend of pure plant oils for the relief of nasal congestion by inhalation. When applied to the skin, Olbas Oil also relieves the symptoms of muscular pain and stiffness including:

- backache
- lumbago
- fibrositis (pain, stiffness and tenderness of muscles, tendons and joints)

2. Before you use Olbas Oil

Do not use Olbas Oil:

- if you are allergic to any of the ingredients (see section 6 for a complete list of ingredients)
- on broken skin.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medicine.

3. How to use Olbas Oil

For inhalation and external use on unbroken skin only. Not recommended for children under 5 years old.

AS AN INHALANT:

to clear painful sinuses and relieve nasal congestion.

Using with a tissue:

Adults and children aged 5 and over:

Add 2 or 3 drops to a tissue and inhale the vapours.

Using with hot water:

Adults and children aged 5 and over:

Add 2 or 3 drops to hot water and inhale the vapours.

- ! Hot water may scald. Keep out of the reach of children.
- ! Close supervision is necessary with children.

ASA RUB:

to relieve muscular pain.

Apply lightly to the painful area three times daily.

- ! Do not put drops directly into nose or mouth. If Olbas Oil is accidentally swallowed, seek immediate medical advice.
- ! If Olbas Oil comes into direct contact with the surface of the eye, wash thoroughly and seek immediate medical advice.
- ! Avoid contact with plastic and other delicate materials.

4. Possible side effects

Like all medicines, Olbas Oil can cause side effects, although not everybody gets them. Possible side effects may include; burns at the application site, frequency not known.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: www.hpra.ie; E-mail: medsafety@hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Olbas Oil

Keep out of the reach and sight of children.

Do not use Olbas Oil after the expiry date which is stated on the carton and the bottle label, as "EXP" and refers to the last day of the stated month.

Do not store above 25°C.

Store in the original container with the cap tightly closed.

Do not use if cap seal is broken or missing.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.