

Covonia Original Bronchial Balsam Syrup is for relief of the symptoms of dry coughs from colds and bronchitis.

SHAKE THE BOTTLE VIGOROUSLY.

Take the solution by mouth.

Adults, the elderly and children over 12 years:

Take 2 x 5ml spoonfuls every 4 hours if required.

Do not give to children under 12 years old unless your doctor tells you to.

Do not take more medicine than the label tells you to.

Talk to your doctor before use if you have a history of asthma. This medicine may cause opioid-like effects when used at high doses. This medicine can lead to dependence. Therefore the treatment should be of short duration.

Peel where shown for further precautions.

Do not store above 25°C.

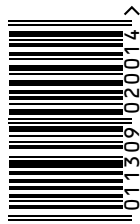
This medicine can make you feel sleepy. Do not drive while taking this medicine until you know how it makes you feel. See the leaflet inside for more information.

Keep out of the sight and reach of children.

Active ingredients per 5ml: dextromethorphan

hydrobromide 7.5mg, menthol 2.5mg.

Also contains: ethanol, glycerol (E422), capsicum tincture (capsicum oleoresin), peppermint oil, anise oil, citric acid (E330), macrogol cetostearyl ether, caramel (E150), cineole, sodium benzoate (E211), sucrose and purified water.



Do not use after the expiry date.

The expiry date refers to the last day of that month.

MA holder/manufacturer: Thornton and Ross Ltd.,

Huddersfield, HD7 5QH, UK

PL 00240/6033R 92768612207

This label was last revised in July 2022

150ml e



1. Before you use this medicine

Do not use the medicine if you have....

- An allergy to any of the ingredients
- Taken MAOIs (monoamine oxidase inhibitors) for depression within the last two weeks
- Shortage of breath
- Liver problems
- An asthma attack
- A persistent cough or one which produces phlegm
- Or are under 12 years.

Talk to your doctor if you have....

- A history of asthma
- Ever been or are addicted to opioids, alcohol, prescription medicines, or illegal drugs
- Previously suffered from withdrawal symptoms such as agitation, anxiety, shaking or sweating, when you have stopped taking alcohol or drugs.

Taking this medicine regularly, particularly for a long time, can lead to addiction. Only use this medicine as described in the leaflet.

Addiction can cause withdrawal symptoms when you stop taking this medicine. Withdrawal symptoms can include restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, loss of appetite, shaking, shivering or sweating. Speak to your doctor if you experience withdrawal symptoms.

Talk to your doctor or pharmacist if you are taking....

- Cimetidine for stomach ulcers
- antidepressants or antipsychotics – taking these medicines together may cause mental status changes (e.g. agitation, hallucinations, coma), and other effects such as raised body temperature, increase in heart rate, unstable blood pressure, exaggeration of reflexes, muscular rigidity, lack of coordination and/or gastrointestinal symptoms (e.g. nausea, vomiting, diarrhoea).

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2. Possible side effects

Like all medicines, this medicine can have side effects, although these don't affect everyone.

Possible side effects (frequency unknown): drowsiness • dizziness • sickness or feeling sick • constipation • stomach discomfort • Dependence and addiction (see section "How do I know if I am addicted?").

Drug Withdrawal

When you stop taking this medicine, you may experience drug withdrawal symptoms, which include restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, shaking, shivering or sweating.

How do I know if I am addicted?

- If you notice any of the following signs whilst taking this medicine, it could be a sign that you have become addicted.
- You need to take the medicine for longer than advised.
- You feel you need to use more than the recommended dose.
- You are using the medicine for reasons other than those indicated.
- When you stop taking the medicine you feel unwell, and you feel better once taking the medicine again.

If you notice any of these signs, it is important you talk to your doctor or pharmacist.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for 'MHRA Yellow Card' in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

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Turn Over ↗
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Pregnant or breastfeeding....

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Ask your doctor or pharmacist for advice before using if you are pregnant, might be pregnant or are breastfeeding.

Driving and using machines....

This medicine normally works without causing drowsiness, but care should be taken initially as in rare cases drowsiness may occur. If you are affected do not drive or operate machinery.

The medicine can affect your ability to drive as it may make you sleepy or dizzy.

- Do not drive while taking this medicine until you know how it affects you.
 - It is an offence to drive if this medicine affects your ability to drive.
 - However, you would not be committing an offence if:
 - The medicine has been prescribed to treat a medical or dental problem and
 - You have taken it according to the instructions given by the prescriber or in the information provided with this medicine and
 - It was not affecting your ability to drive safely.
- Talk to your doctor or pharmacist if you are not sure whether it is safe for you to drive while taking this medicine.

Important ingredient information

This medicine contains (per 15ml dose): • 8.8g of sucrose per 10ml dose. This should be taken into account in people with diabetes. If you have an intolerance to some sugars, contact your doctor before taking this medicine. • 14mg of alcohol (ethanol) in each 10ml dose. The amount in 10ml of this medicine is less than 1ml of beer or 1ml of wine. The small amount of alcohol in this medicine will not have any noticeable effects • less than 1mmol sodium (23mg) per dose, that is to say essentially 'sodium-free'. • 5mg sodium benzoate in each 10ml dose.

3. Further information

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If you take more of this medicine than you should, you may experience the following symptoms: nausea and vomiting, involuntary muscle contractions, agitation, confusion, somnolence, disturbances in consciousness, involuntary and rapid eye movements, cardiac disorders (rapid heart beating), coordination disorders, psychosis with visual hallucinations, and hyperexcitability. Other symptoms in case of massive overdose may be: coma, severe breathing problems, and convulsions. Contact your doctor or hospital straight away if you experience any of the above symptoms. Take the pack with you to show which medicine you have swallowed.

What the medicine looks like: a brown syrupy liquid. It is supplied in 150ml bottles.