On Line Detail Form for Boots.com- Gifts with Food only

Boots seven-digit Item code:	4647920
Product name and description:	Grinch MYO Cupcake (Mug).
Contents including food weights:	Ceramic Mug, Ceramic Spoon, Cupcake Cases, Vanilla Flavour Cupcake Mix 150g & Green Sprinkles 30g.
Instructions for use and storage:	How to Make Your Cupcakes Make sure a grown up helps you when baking. Get an adult to turn the oven on. You'll need 1 Egg, 20g Softened Butter, 45ml Water or Milk, for the cakes. 125g Icing Sugar, 15ml of Water, to decorate. Method Preheat oven to 175°C / 350°F / gas mark 4. Place the cupcake mix (included) into a bowl add the egg and butter and combine until you have a smooth batter. Divide the mixture evenly between the cupcake cases, place on a baking tray and oven bake until risen and firm to the touch, approximately 15-20 minutes. Move to a cooling rack and allow to cool before decorating. Sift the icing sugar into a bowl and gradually add the warm water until the icing becomes thick enough to coat the back of a spoon. If necessary, add more water, a drop at a time or icing sugar to adjust the consistency. Spoon a small amount of icing onto each cooled cake and top with the included green sprinkles.
Age limits (if any):	n/a
Ingredients list: (allergens in bold)	Ingredients: Cupcake mix: 150g Wheat Flour, Sugar, Baking Powder (Anticaking Agent (Calcium Carbonate), Raising Agents (Diphosphates, Sodium Carbonates, Calcium Phosphates)), Corn Starch, Flavouring (Vanillin). Sprinkles: 30g Glucose, Corn Starch, Maltodextrin, Emulsifier (Fatty acids salts), Colours (Brilliant Blue FCF, Tartrazine), Glazing Agent (Carnauba wax).
Allergen Advice/ Also, may contain traces of:	Allergy Advice: For allergens, including cereals containing gluten, see ingredients in bold . Also may contain nuts, peanuts and sesame.
Suitable for Vegetarians (Yes / No)	Yes
Nutritional Information	NUTRITIONAL INFORMATION:
	Cupcake Mix Green Sprinkles Typical values per 100g per 100g Energy (kJ/kcal)1657 / 396 1605 / 284 Fat (g) 5.7 1.1 of which 0 0 Saturates (g) 0.2 0 Carbohydrate (g) 81 92 of which 92 Sugars (g) 44 92 Protein (g) 5 0 Salt (g) 2.14 0
Country of Origin:	Cupcake Mix, Green Sprinkles - Product of China.

Manufacturer's / Brand name and address:	Produced under license by IG Design Group UK Ltd SG14 3NN. www.igdesigngroup.uk
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Hazards and cautions:	WARNING: Colours (Tartrazine) may have an adverse effect on activity and attention in children. IMPORTANT Before first use wash mug and spoon in warm soapy water and dry thoroughly. Mug suitable for dishwasher and microwave use. Ceramics are fragile, inspect regularly and do not use if damaged.
Disclaimer:	While every care has been taken to ensure information regarding food products is always as accurate as possible, ingredients and nutrition content may occasionally change. As a result, we recommend that you always read the label carefully before using or consuming any products.