

|                          | <b>Per Serving</b> |
|--------------------------|--------------------|
| Energy                   | 1680kj / 400kcal   |
| Fat                      | 18g                |
| Of which saturates       | 5g                 |
| Of which monounsaturates | 7.2g               |
| Of which polyunsaturates | 5g                 |
| Carbohydrate             | 35g                |
| Of which sugars          | 4g                 |
| Fibre                    | 6.4g               |
| Protein                  | 22g                |
| Salt                     | 0.45g              |